

Kinderoord • Children's Haven

M.T.R. SMIT

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ANNUAL REPORT

1 April 2006 - 31 March 2007



*An angel once asked God -
"What surprises you most, about Mankind?"
God replied: "They lose their health to make money and then,
Lose their money to restore their health".
By thinking anxiously about the future,
They forget the present ...such that,
They live neither for the present nor for the future ...
They live as if they will never die
And they die as if they had never lived ...*



M.T.R. SMIT

Children's Haven

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Field of Service: Residential Facility
Category: Family Care:
Child and Youth Care Centre





A WORD FROM CRYSTAL WATSON, DIRECTOR:

*Gratitude is not only the greatest of virtues,
but the parent of all others”*
~ Marcus Cicero ~

As we reflect back on the past year, we realized how much we have done and how many people contributed towards the Children’s Haven. The enthusiasm and willingness of all the staff, committee members and stakeholders were boundless. We can only hope that the way in which we used our opportunities at the Children’s Haven will justify the faith that all stakeholders placed in us. It will be indeed a wonderful reward when the Children’s Haven can reap the fruits of their labour.

Serving the children at the Children’s Haven has given me a purpose in life. It is this purpose that produces and energizes passion. My passion is to care for those who cannot care for themselves. This also defines what is essential in my life and gives me a foundation on which I allocate my purpose and on what to focus my energy. Rick Warren states that if you want to impact on other people’s lives and to make a difference in the lives of others, one must have servant hood fuelled by love. The Mrs UNSA Community Service Awareness winner title created a bigger platform for me to enrich the lives of others and I have seized every opportunity of contributing to the good of others. This title also enables a woman to speak for those who cannot speak for themselves.

In the voice of Graca Machel, wife of former president Nelson Mandela:

*“We must do anything and everything to protect our children,
give them priority and a better future.
This is a call to embrace a new morality
that puts children where they belong -
at the heart of all agendas”.*



“LIFE IS A SEWER WHAT YOU TAKE OUT DEPENDS ON WHAT YOU PUT IN”

An American humorist once said.

An apt comparison because, I am sure that not one of us would have the slightest inclination to reclaim anything from our sewers, but why? It's not because we haven't put anything of worth in there certainly nothing that has a pleasing appearance or aroma.

Fortunately though, every one of us has life far superior than that of any sewerage system because it is filled with the ingredients of good friendships, love, honesty, hard work, diligence and motivation. I would like to base my devotion on that illusive but vital life skill that of motivation.

Motivation is better explained by using the example of a horse race. Just picture for a moment three horses crossing the winning post. The first gets paid R100 000 in prize money; the second R50 000 and the third R10 000. Often the judges need a photo to determine the horse's positions. There is no way that the horse that came first is ten times better than the one that comes third and yet he gets ten times more money!

For only being a fraction better, the rewards can be ten times better. Motivation will give you the edge that fraction which can be the difference between success and failure. One must develop the energy and spirit of a race horse and hammer relentlessly at the doors of success until they yield to you. You haven't got it till you get it and when you get it, you must pass it on, because the flame of life is not eternal unless you do pass it on. You cannot motivate yourself by walking around and waiting for the ship to come home. Don't incessantly wish you had someone else's ability or talent. Don't become a prisoner of hope; you already have the ability you need for success. To be motivated we must get back to work because work, more than anything else inspires us. It is work which build great ships, it is work that builds bridges and tunnels through mountains. It is work that builds our factories, our schools, our hospitals and our highways. By working hard we develop the ability to do more, in the same way the athlete runs the extra mile when everyone is exhausted. Just sitting around wishing, makes no one rich. The good Lord sends the fish, but we must dig for the bait and then go out and catch the fish.

Henry Wadsworth Longfellow put it in this way: “The heights that great men reached and kept were not obtained by sudden flight. But those while their companions slept, were toiling upward into the night.” To be truly motivated we must become the kind of people which life demands of us. We need strong minds, strong hearts and true grit. We must look forward, not just at our feet, but towards the horizon because if we want to see the dawn of a new day and when the day comes, we must seize every minute of every hour with courage and conviction because boldness has power, magic and genius in it.

Sometimes we feel despondent, neglected, forgotten, a failure. George Bernard Shaw said: “Nine out of every ten things I ever did were failures. I don't want to be a failure so I had to work ten times harder.” Even Christ felt despondent, neglected and forgotten. After carrying the cross for a long time and over a great distance he said while hanging on the cross: “My God, my God, why hast thou forsaken me?” The world is tough out there and yet we can succeed working only half days and it really doesn't matter which twelve hour shift you choose.

Success comes to those who are motivated and keep on trying. We must take courage from great artists of the past. Vincent van Gogh wrote to a friend on one occasion saying my main meal compromises of dry bread and chestnuts. Today his paintings are worth millions. Leonardo de Vinci, an illegitimate child of a peasant girl, was poor, hungry and homeless, yet he became one of the greatest artists that ever lived. Ludwig von Beethoven left school at the age of thirteen to become the family's breadwinner because his father was an alcoholic.

The one thing that these artists all have in common was their unwavering belief in themselves and their professional skills. Ultimately, their integrity towards their work gave them fame and fortune. We, like them, must not be put off by disappointments. When people of character have their backs to the wall, they fight. Every one of us is an artist in his own way and has experienced difficult times. Creating a beautiful painting, a symphony or doing the work that we do is very similar. It requires the same dedication, the same integrity, the same enthusiasm and the same creativity.

Now imagine five sets of hands.

- One set belongs to a concert pianist who can enthrall audiences with beautiful renditions of the classics
- Two that of an eye surgeon who can restore lost vision through microscopic surgery
- Three the professional golfer who consistently makes the clutch shot under pressure
- Four a blind man who can read tiny raised markings on a page at incredible speeds
- Five the artist who can create beautiful sculptures that inspire the soul

On the surface, the hands may all look the same, but behind the hands are years and years of sacrifice, discipline, perseverance and motivation. These people paid a price. David did not become great when he slew Goliath, but rather at the moment he decided to try. Within each of us there is that seed of greatness. All that is needed is a good storm to bring the raindrops that will become the catalyst for it to grow.

Have a good look at the next motivated person you see. Notice how their eyes glint, see the brisk gait in their stride. Admire their smile, feel the power in their handshake and witness their enthusiasm for life. A living dynamo, a source of nuclear energy, they have discovered the secret of success. You cannot make a fire with dead embers, but if you have a little spark left, fuel it. Fuel it with your dreams, hopes and desires. Adopt the right attitude and support it with all the thrust you have. Focus on the positive things that are happening around you.

MANAGEMENT BOARD:

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Dr. M. Chabula	Lid / Member (Health)

STAFF COMPONENT:

Mrs. C.M. Watson	Director
Mrs. C. Badenhorst	Senior Social Worker (until 30 April 2007)
Suster. E. Weyers	Professional Nurse
Mr. A. du Plessis	Counsellor
Mr. R. Snyman	Senior Admin Officer (until 31 October 2006)
Ms. K. Schultz	Financial Officer (from 1 December 2006)
Mrs. H. van Niekerk	Secretary
Mrs. E. Potgieter	Senior Clerk
Mrs. M. Roberts	Provision Officer
Ms. G. Adams	Assistant to the Social Worker
Mrs. V. Black	Driver (until 31 August 2006)
Mr. G. Vosloo	Handyman / Driver
Mrs. S. Anthony	Admin Assistant
Mr. B. Bergers	Chief Child Care Worker
Mrs. N. du Plessis	Senior Child Care Worker
Mrs. R. Coetzee	Senior Child Care Worker
Mrs. D. Kerspuy	Senior Child Care Worker
Mrs. A. Rowan	Child Care Worker
Ms. R. Kampher	Child Care Worker
Mrs. C. Felkers	Child Care Worker (until 28 February 2007)
Mrs. K. Jafta	Night Duty
Mrs. M. Jantjies	Night Duty
Mrs. L. Hillier	Night Duty
Mrs. R. Hectoor	Night Duty
Ms. P. Ngcayewcibi	Night Duty
Ms. J. Mafu	Night Duty
Ms. A. van Zyl	Night Duty
Mrs. R. van Rooyen	General Assistant: Cook
Mrs. H. Potgieter	General Assistant: Cook
Ms. R. Walton	General Assistant: Cook
Ms. G. Noemdoe	General Assistant: Laundry
Ms. M. Hendricks	General Assistant
Mrs. S. Kruger	General Assistant
Mrs. E. Steyn	General Assistant
Ms. S. van Rooyen	General Assistant
Ms. M. Potgieter	General Assistant
Ms. R. Netti	General Assistant
Ms. M. Klaas	General Assistant
Mrs. J. Lindoor	General Assistant
Mrs. S. Hanise	General Assistant (from November 2006)
Mr. E. Sidanga	Gardener
Mr. J. Magweta	Gardener

I. PROFILE OF THE CHILDREN'S HAVEN:

HISTORY OF ORGANISATION:

The Children's Home originated during the Great Flu of 1918 when a substantial number of parents died and children were orphaned. This led to the establishment of an orphanage at Ugie in the far North-Eastern Cape, as a community based and community driven, non-subsidised welfare organisation. The Children's Home was officially established in 1922 when Government admitted the first children to the orphanage. The M.T.R. Smit Children's Haven, named after its founder, relocated to Port Elizabeth in 1987 in an effort to improve its capacity to render services to the community. This materialised after lengthy discussions between government, community leaders, church denominations and the Department of Education. The Home is currently in the process of broadening the scope of its service with the total community in mind. The Home is of the firm conviction that it can deliver a substantial contribution to the general well-being of the community.

GOALS AND AIMS OF ORGANISATION:

The M.T.R. Smit Children's Haven provides accommodation for 100 statutory children between the ages of 3-18 years. This is a multi-racial Haven. The M.T.R. Smit Children's Haven also aims at providing accommodation for the mentally disabled child who has been removed from parental care in terms of the Child Care Act.

- The Children's Haven aims at re-establishing relations between the children and their natural parents by encouraging the maintaining of contact.
- As the family is regarded as the basic unit of society, the goal is also to facilitate the provision of appropriate services to both the child and the family system.
- The Haven aims to provide quality services and excellence, transparency and accountability. The programmes presented at the Children's Haven promote non discrimination, tolerance, mutual respect, diversity and inclusion of all groups of society.
- The Haven also aims at meeting the special needs of children that would ensure the development of children physically, mentally, emotionally and socially.
- The Haven ensures that conditions are created for the optimum development of all children in order to constitute a social investment in a healthy and able nation.
- Regardless of the length of stay, or the statutory reason for admission, each child is afforded an appropriate programme of care and therapeutic development. Each child is also afforded personal privacy and is given the opportunity to participate in sport, cultural and recreational activities.

2. SCHOLASTIC ASPECT

The Children's Haven placed children in schools that have programmes that are tailored to each individual child's needs. The schools fit their cultural needs and challenges. The children of the MTR Smit Children's Haven attend the following schools:

SCHOOL	TOTAL OF CHILDREN
Walmer West Primary School	34
Charlo Primary School	1
Merryvale	7
Settlers Park Primary School	3
DF Malherbe High School	9
Andrew Rabie High School	1
Westview School	12
Walmer Junior Primary School	2
Victoria Park High School	3
Mount Pleasant Primary School	6
Northern Lights	5
Adolph Schauder School	1
David Livingstone School	1
Walmer High School	3
De Vos Malan	3
Newton Tech High School	1
Insight Learning Centre	1

The failure rate of the Children's Haven dropped from 60% to a mere 12% with the introduction of the new school system. Several children have been elected as leaders in their respective schools. Children's academic, cultural and sport achievements have increased drastically. Several scholars of Westview School have obtained A-aggregates. Children also excelled in karate (thanks to Sense Kenny Tawse) and also in athletics, rugby, cricket as well as chess.

Reggie Hufkie a scholar at DF Malherbe High School beat the Port Elizabeth High Schools record for the 5000m walk as well as the u/15 speed walking record. He also beat the Eastern Province walking record and was chosen for the team. Reggie came first in the u/16 boy's race and third in the men's section of the Ocean Race.



3. THERAPEUTIC SERVICES:

Therapeutic services form an integral part of the service rendered of the MTR Smit Children's Haven. The Social Worker and Registered Counsellor are ultimately responsible for therapy and are assisted by trained Child Care Workers. The Social Worker, Registered Counsellor, Medical Nurse, Trained University Students and the Principal form part of the Therapeutic Team that are aimed at dealing with different case scenarios from a multi disciplinary approach. The trained students from NMMU are Registered Counsellors from the Department of Psychology as well as students from abroad. They fulfil tasks such as:

- certain psychological tests and interpret the results. They also
- offer basic, short-term, supportive counselling to individuals or groups in the field of careers or health. These students also
- identify symptoms of more serious problems that need attention and
- refer clients to the relevant professionals such as a Social Worker, Psychologist or Medical Doctor

The Children's Haven also has the services of Dutch Child Care Work students that render child care services. A Counsellor, Mr. Angelo du Plessis has been appointed to assist the Social Worker with therapy. A Counsellor was appointed because of:

- The tremendous need that exists at the Haven for around-the-clock, on-site psycho therapy services and the need that exists for on-site psychological testing facilities.
- The dire need that exists for the continuous provision of group-based psycho-education programmes, group counselling and group-based psychological interventions.
- The difficulties experienced in obtaining and arranging cost-effective and accessible individual counselling for the many children at the Haven who are faced with challenges and issues for which professional help is required.
- Poor educational results and poor scholastic achievements. There are grave concerns over the Governments decision on exclusions, because they do not take into account children with special education needs who are included in mainstream schools. Insufficient attention has been paid to the need for adequate support mechanism to be in place to ensure that children's needs can be met by mainstream schools. Children with Special Education Needs that are placed in mainstream schools, have unmet needs and teachers are unable to manage their challenging behaviour.

4. DISCIPLINE OF OUR CHILDREN:

The MTR Smit Children's Haven realizes the importance of discipline in a children's home. This children's haven believes that discipline teaches cause and effect and helps children to realize that their actions have consequences. It makes children take responsibility for their behaviour and it reinforces the line between right and wrong. We furthermore agree that to have well

behaved children requires to be a disciplined adult. To obtain obedience, an adult must give the child attention, praise and appreciation. Reinforcement is power and the empowered adult lovingly reinforces right behaviour in a child. The aim of discipline is not to hurt children, but to train them. Important principles must be maintained for an institution to promote healthy development. The first quality which must be recognized and catered for is the uniqueness of each child. One of the important principles is that children must have an opportunity to expand effort. Channels are usually provided through the opportunity for initiative in taking care of themselves and through effort put into play with things and people. Given sufficient care and attention to establish a feeling of dependent trust, a child will logically move forward in his feelings of well-being.

Another important principle required for proper development is consistency of care and discipline as practised by the variety of people who look after a child in the period of a day, a week, a month or a year. Only with a consistent environment can a child build a feeling of a dependable world in which he can predict the consequences of his behaviour as he acts and grows in the course of daily living. It is this predictable aspect of life which gives order and meaning to his actions and the actions of those around him, and enables him to cope adequately with the demands of group life either in a family or in the community. In practice, consistency of handling by a wide variety of people is one of the most difficult things for any staff to achieve.

Each individual with his strengths and weaknesses provides a variety of attitudes, tolerances, likes, and dislikes which can only be overcome by constant staff training and the discussion of individual children, their needs, and the way of best meeting these needs. Ideally, such training should be co-ordinated by a central philosophy which gives meaning to the practices and techniques of dealing with the children.



5. PHYSICAL CARE OF CHILDREN:

Cottage 1	Unit for Senior Citizens
Cottage 2	Senior Boy - University Level
Cottage 3	Principal
Cottage 4	Junior Boys
Cottage 5	Senior Girls
Cottage 6	Senior Boys
Cottage 7	Mentally Challenged children
Cottage 8	Junior Girls
Cottage 9	Junior Girls

Children's level of happiness in a residential child care institution is related firstly to the availability, love, understanding, friendliness and empathy for their individual needs. The reality in a residential child care institution, does only offer opportunities for a diluted emotional relationship because the children have to share the residential child care workers with many other children. The goal sought in child care is the performance of a service with integrity and competence and respecting children's privacy and confidentiality in a residential child care institution has an impact on their ability to foster a relationship built on trust with the children. A child's sense of trust in an adult is one of the basic requirements in a child's development. In practice trust is a professional ethical standard prescribed in the Code of Ethics and it involves personal integrity as child care workers in the course of their work have to make decisions about what is acceptable by their profession.

Empowerment of children should be the central focus of the residential child care worker's task. Empowerment means that children must not live in a vacuum, but be trained to do certain things such as mastering household skills and the wider social and economic aspects which influence the lives of children in a residential child care institution. According to the Draft National Policy Framework for Families, the empowerment of young people in residential care is the central focus of the residential child care worker. The worker's role in the empowerment of the children is to consider the wider social, political and economic climate which influences the lives of the children. The worker needs to be aware of the child's background and how this impacts on children whom they care for. Once workers have established this, they must move on to establish practical strategies for empowering young people, particularly in relation to their race, ethnicity, gender, disability and sexuality.

The importance of parents or substitute parents communicating their unconditional care and affection to a child through all their relations with the child must be noted. The greatest impact of parenting care is on the self. Approval and acceptance by others are essential for the development of self approval and self acceptance. Whether a child will develop a constructive or destructive attitude, first to himself and then to other people, depends on the first place on his parents or substitute parent's attitude of care to him. Caring is a natural capacity, that by commitment and valuing to an individual encourages one to be concerned and acknowledges need in another, and by means of an empowering presence or relationship leads one to act ethically towards another. Respectful residential child care workers simultaneously nurture the needs of children and maintain high expectations for positive behaviour and they create strong helping alliances with children that foster autonomy and responsibility. Guidance should be geared to the child's changing needs. As children mature, they need different types of adult support and that the essential goal of working with children in a residential child care institution is to help them build strengths so that they feel confident about their skills and are able to cope with challenges in the world. Residential child care workers and other professionals should support children by acknowledging their frustrations, exploring their ideas about possible solutions, and helping them focus on the times they have been successful in managing their own behaviour.

6. MARKETING AND FINANCE:

State Income	R1 180 000.00
Total of Budget	R3,600 000.00
Shortfall	± R2,420 000.00

The Children's Haven embarks upon many fund-raising efforts to raise efficient funds to provide in all the children's multitude of needs. Some of these projects include:

- Air festivals in Port Elizabeth and Port Alfred
- Open Days
- High Teas
- Business and Sport Breakfasts
- Public Speaking
- Golf Days
- Submitting financial proposals to Trust Organisations

7. MEDICAL SERVICES:

Our mission is to ensure that medical services are provided to the sick children in the Children's Haven and maintain the health of all 100 children. Children have the right to an effective and efficient medical service by competent service providers in a caring and friendly environment.

OBJECTIVE & VISION:

To detect and diagnose injuries and illnesses which could be acute, chronic or familial.

MAIN TASKS:

- Obtaining full medical history of the child on admission to the Haven from relatives, friends, medical reports or social worker.
- Doing a full physical examination. The child is weighed and his/her height measured.
- Examined by a medical doctor, who visits the Haven's Clinic weekly.
- Medical treatment prescribed as necessary.



Our vision is to ensure that every child is free from disease,
hunger, neglect, abuse and violence.
Every child has the right to enjoy childhood.

8. STAFF MATTERS:

The nature of residential life places special performance demands on all staff at residential child care institutions. Institutions serving children need to provide high-quality care and to make important decisions that may have long-term consequences for children. This aspect does increase the high level of demand experienced by staff. It is demanded of the therapeutic staff and residential child care workers to carry direct responsibility for caring for the children and for implementing their treatment programmes. Staff in a children's Home have to carry out their responsibilities under increasingly demanding working conditions. They are in the midst of a swirl of constantly shifting activity. Environment can be described as a "pressure cooker". The high demands on workers can have a detrimental impact on their morale and staff that lack morale will be less energized to deal with the demands placed upon them.

The staff at MTR Smit Children's Haven is dedicated, loyal and hardworking. They have to endure long working hours, low salaries and demanding circumstances. In spite of this, they work thoroughly and develop strong and precious ties with the children whom they work with. Our staff is tolerant, have an understanding heart, a forgiving nature and above all regard their work as a calling from above. The staff is a sheltering tree for the children and each other. As a result of their dedication and hard work, their efforts are crowned by success.



MRS. C.M WATSON
DIRECTOR



STU DAVIDSON

THE JOY OF UNSELFISH GIVING

*Time is not measured
By the years that you live
But by the deeds that you do
And the joy that you give -
And each day as it comes
Brings a chance to each one
To love to the fullest,
Leaving nothing undone
That would brighten the life
Or lighten the load
Of some weary traveller
Lost on life's road -
So what does it matter
How long we may live
If as long as we live
We unselfishly give.*

~ Helen Steiner Rice ~



We at MTR Smit Children's Haven salute you!

SPECIAL THANKS TO:

- o Management Board of the MTR Smit Children's Haven
- o Die Leraars en Kerkrade van al die Gemeentes wat die Kinderoord ondersteun.
- o The Principals, Staff of respective schools and Children's Homes.
- o Medical Staff: Provincial Hospital, Dora Nginza and Livingstone Hospital.
- o Dr. Worthington, Dr. Piet Roux, Dr. Hein Slabber, Dr. Stuart Gibson, Dr. Frans Rossouw, Dr. Gys Roux & Partners, Dr. Cliff Kushner, Dr. Theo Smith, Dr. Jaco Minnaar, Dr. Hugo Louwrens, Dr. M. Schultz, Dr. Wickens, Dr. Gebers, Dr. P. Procter, Dr. F. Retief, Dr. & Mev Johan Olivier (Alexandria)
- o Corrie de Witt (Occupational Therapist)
- o Spec Savers (Walmer Park), Spectacular Eyes (Moffet Park)
- o Algoa FM
- o SA Air Force, Mark Kelbrick. Lt Col Reneé Muller
- o Richard Stephenson
- o Wilma Kemp, Tanja van Heerden, Alison Canter, Mike Currie
- o Mariëtte & Students at Images Hair Academy, Salome & Tanya at Salon Corritas, Sanet & Patric Hair Stylists, High Class Hair, Split Ends
- o The Department of Social Development : Mrs. S. Beer, René Symons, Ms. E. Africa
- o Sunridge Park Primary School: Mr. Chris Nel & Ferdi Rothman
- o All our Donors and the public for their support.
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- o Peter van Rensburg, Truida Oosthuizen, Joan Scholtz, Martie Nel, Berta Scholtz, Emsie Smit, Vivian de Meillon, Barbara Fourie, Barbara Hugo, Sandra Barkhuizen, Ds. Keyter, Joekie Botha, Yvonne Vosloo, Louise Bam, Estelle van Tonder, Chantal Strydom, Leonie Mey, Petro Dorfling.
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- o Anglo American
- o D.G. Murray Trust
- o Charles Glass Society
- o LUK Eagles
- o Round Table of PE
- o South African Airforce
- o Westering High Interact Club
- o Ds. Solly Ozroveh
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- o Woolworths, Bushy Park Dairy, Nola, Clover, Parmalat, Gilbert Chemicals, Super Spar Walmer, Fig Tree Spar
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- o To all our family members who are always there for us.

AAN ONS HEMELSE VADER KOM AL DIE EER,
LOF EN DANK TOE EN VIR SY SEËN







Office Staff



Child Care Workers



General Assistants



Cooks / Laundry



Handyman with gardeners

